

University of
Indianapolis
Body One Physical
Therapy Orthopedic
Clinical Residency

UNIVERSITY *of*
INDIANAPOLIS.



ABPTRFE

Accredited
Program



Leadership

- **Tara Gilreath, PT, DPT, OCS**
 - Residency Director
 - tgilreath@bodyonept.com


- **Emily Slaven, PT, PhD, OCS, FAAOMPT**
 - Academic Director, KSPT
 - slavene@uindy.edu

Accreditation

- University of Indianapolis/Body One Physical Therapy is accredited by the American Physical Therapy Association as a post-professional residency program for Physical Therapists in Orthopedics
- We originally received accreditation by the ABPTRFE on July 31, 2013
- In July 2018, we were reaccredited for 10 years

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Why our Residency?

- Completed In-Person, not as a distance format
- Expert faculty which serve as didactic instructors and clinical mentors
 - 2-3 hours per week of supervised mentoring
 - Mentors always available for case discussions
 - Multiple specialties including: Dry needling, BFR, Graston, athletes/sports performance, running performance and gait analysis, thoracic outlet, TMD, golf, chronic pain, Spine, shoulder, pilates.
- Includes teaching/ graduate assistant component
 - GA in musculoskeletal course for second year PT students
 - Exposure to direct classroom teaching
 - Experience as co-clinical instructor for 3rd year PT students



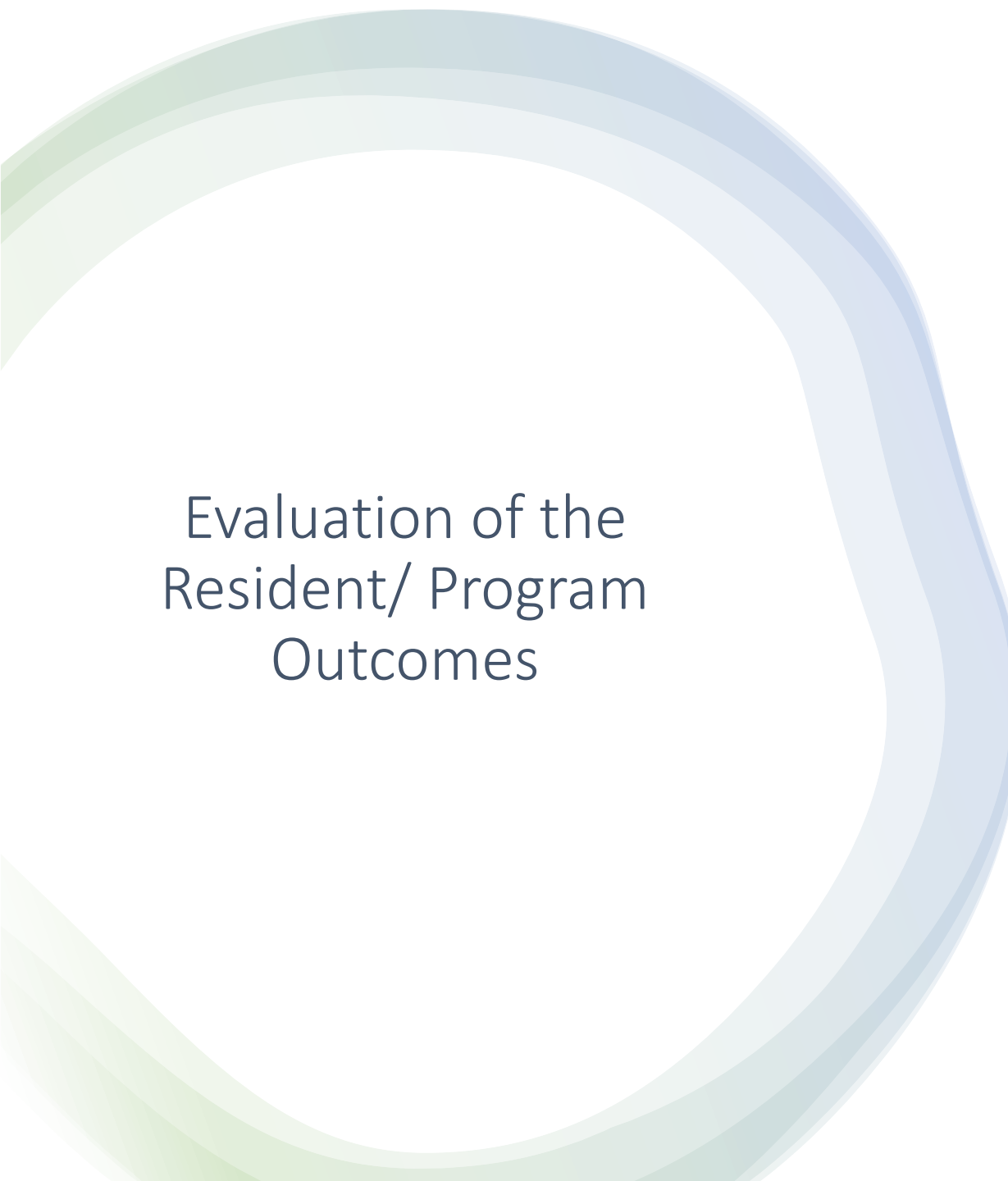
Why our Residency?

- Diverse orthopedic curriculum
 - Recently added BFR, dry needling, tendinopathy, chronic pain/pain science, thoracic outlet, soft tissue mobilization
- Access to cumulative resource database in Google Drive
- Collaborative opportunities with University and Clinical Faculty
- Professional project
 - Access to clinical outcomes data
 - Multiple professional dissemination/publications over the years of our program
- To date, 100% pass rate on OCS

Weekly Schedule

Weekly patient care hours vary between 35-38 with additional education hours

Mon	Tues	Wed	Thurs	Fri
7am-6pm Clinic	8am-11:50 GA UIndy	7am-12pm Clinic	8am-11:50 GA UIndy	7am-5pm Clinic
Rounds 12-1pm	1-6pm Clinic	11-12 Mentored Eval	1-6pm Clinic	11-12 Mentored Eval
		1-6 pm Clinic Every other Wednesday Residency curriculum 1-5pm		



Evaluation of the Resident/ Program Outcomes

- Final Written Exam
- Practical exams (Live Patient Exams)
 - Upper quarter x 2
 - Lower quarter x 2
- Professional capstone project
 - Case report and/or clinical research
- Weekly Rounds
- Presentation of 2-3 patient cases
- Presentation of 2-3 Journal Articles
- Skill / Manual Technique Checklist
- GA Evaluation / Teaching (UIndy)
- Post-professional course grading
- Community Outreach



Resident Compensation

- The resident will receive salary for patient care from Body One (~\$40,000)
 - 0.8 FTE in clinic
(Practice/Mentoring/Didactic/
Interdisciplinary time)
- Insurance benefits provided by Body One
- Graduate assistantship at UIndy
- Can apply for loan deferment
- UIndy Scholarship provided to each resident for resident's professional development (\$1,500)

Resident History

- 17 Residents since 2012
- 17 residents successfully completed our program
- 100% OCS pass rate
- Past resident accomplishments:
 - CI training, MDT specialization, Graston Technique certification, dry needling certification, APTA involvement at State and District level, publications, professional presentations and lectures, practice management positions, residency mentors, university faculty members



Application

- Application deadline is January 31st
- Onsite interviews February/March
- Positions offered March/April
- Start date: Monday of week that includes Aug 1
- Applications are processed thru RF-PTCAS
- Up to 3 available positions
- More information is available at
 - <https://bodyonept.com/orthopaedic-residency/>
 - <http://www.uindy.edu/health-sciences/postprofessional/orthopaedic-residency>
- Tara Gilreath, PT, DPT, OCS
 - Clinical Director
 - tgilreath@bodyonept.com
- Emily Slaven, PT, PhD, OCS, FAAOMPT, Cert MDT
 - Academic Director, KSPT
 - slavene@uindy.edu