

UNIVERSITY OF INDIANAPOLIS
BODY ONE PHYSICAL THERAPY:
ORTHOPAEDIC CLINICAL RESIDENCY



ABPTRFE
ACCREDITED PROGRAM

LEADERSHIP

- Matt Zaudtke, PT, DPT, OCS, ATC
 - Clinical Director
 - mzaudtke@bodyonept.com



- Emily Slaven, PT, PhD, OCS, FAAOMPT, Cert MDT
 - Academic Director, KSPT
 - slavene@uindy.edu



APTA ACCREDITATION

- University of Indianapolis/Body One Physical Therapy is accredited by the American Physical Therapy Association as a postprofessional residency program for physical therapists in Orthopaedics
- We have received accreditation by the ABPTRFE on July 31, 2013
- In July 2018, we were reaccredited for 10 years



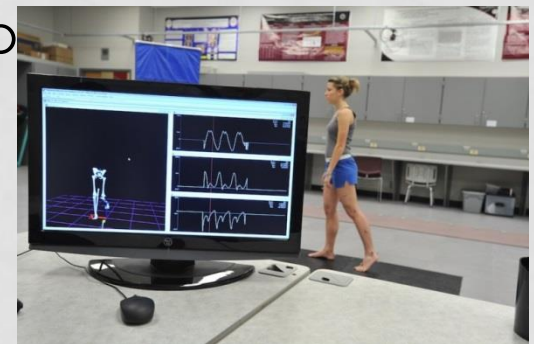
WHY OUR RESIDENCY?

- Done **in person**, not as a distance format
- Includes **teaching/graduate assistant** component
 - GA in musculoskeletal sequence at UIndy
 - Exposure to direct classroom teaching
 - Experience and training as a clinical mentor for entry level interns



WHY OUR RESIDENCY?

- Expert faculty which serve as **didactic instructors** and **clinical mentors**
- Diverse orthopedic curriculum
- Collaborative opportunities with University and Clinical Faculty
- Professional project
 - Access to **movement science lab**
 - Access to **clinical outcomes data**
 - Multiple professional dissemination/pub years of our program
- To date, 100% pass rate on OCS



YEARLY SCHEDULE

	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	April	May	Jun	July
Assessment/ Grad/Teaching Assist	Start		UE Prac		Cervical Prac			LE Prac		Lumbar Prac		Final Exam
	Msk II: 651			Msk III: 681		Msk 1: 641						Research Presentatio n / Case Report
Clinical Module	Clinical Orient And Ortho mgmt	Shoulder Med Screen Imaging	Cervical TMJ	E,W,H	Lumbar SIJ	Lumbar Hip Thoracic	Knee Pain Sci	Foot Ankle	Rheum Peds	Outcomes Orthotics Thoracic Outlet	Special Topics Athlete	Special Topics/ Research
Post Prof Class	PPPT Class			PPPT Class				Teach Practicum				
Extras	Discussion groups, journal club, observations, reading assignments, research, rounds, case presentations, subjective video											

WEEKLY SCHEDULE

- Example
- Weekly patient care hours vary between 35-38 with additional education hours

	Monday	Tuesday	Wednesday	Thursday	Friday
AM 7-12	Case Study/Rounds Clinical Practice	Ortho GA	Clinical Practice	Ortho GA	Clinical Practice
PM 1-6	Clinical Mentored	Clinical Practice	Clinical Didactic/Lab Clinical Practice	Clinical Mentored	Clinical Practice

MONTHLY CALENDAR EXAMPLE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Case Study	3
4	5 Mentor time	6 GA am	7 Clinic with Ortho pm Knee Unit	8 GA am	9 Rounds Mentor time	10
11	12 Knee-Exam (JM)	13 GA am Rounds	14 Mentor time	15 GA am	16 Case Study	17
18	19 Surgery with Ortho	20 GA am Journal Club	21 Knee Unit – Lab Mentor time	22 GA am	23 Rounds Mentor time	24
25	26 Knee-Lit Review Inservice (PC)	27 GA am Rounds	28 Knee - Lab	GA am	Case presentation	

EVALUATION OF THE RESIDENT / PROGRAM OUTCOMES

- Final Written Exam
- Practical exams (Live Patient Exams)
 - Upper quarter x 2
 - Lower quarter x 2
- Professional capstone project
 - Case report and/or clinical research
- Weekly case studies or rounds
- Presentation of 3 patient cases
- Presentation of Journal Articles
- Skill / Manual Technique Checklist
- GA Evaluation / Teaching (UIndy)
- Post professional course grading
- Community Outreach



RESIDENT'S COMPENSATION

- The resident will receive salary for patient care from Body One (\$40,000)
- .8 FTE in clinic
(Practice/Mentoring/Didactic/Interdisciplinary time)
- Insurance benefits provided by Body One
- Graduate assistantship at UIndy
- Can apply for loan deferment
- UIndy Scholarship available for resident's professional development

RESIDENT HISTORY

- 11 Residents since 2012
- 11 residents successfully completed our program
- 100% OCS pass rate

Past resident accomplishments:

- CI training, MDT specialization, Graston Technique certification, dry needling certification, APTA involvement at State and District level, publications, professional presentations and lectures, practice management positions, residency mentors, university faculty members

APPLICATION

- Dates
 - Application deadline is January 31st
 - Onsite interviews February/March
 - Positions offered March/April
 - Start date: Monday of week that includes Aug 1
- Applications are processed thru RF-PTCAS
- Up to 3 available positions
- More information is available at
 - <http://www.uindy.edu/health-sciences/postprofessional/orthopaedic-residency>
 - <http://bodyonept.com/orthopedic-residency/>
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