

Body One Physical Therapy, LLC

Exhibit B

Informed Consent Waiver

“I, _____, have hereby enrolled in a program of strenuous physical activity including methods and modes of strength and conditioning offered by Body One Physical Therapy, LLC.”

“I hereby affirm that I am in good health and do not suffer from any disability which would prevent or limit my participation in this exercise program. I fully understand that my participation in Running Analysis does not constitute physical therapy, and is not designed to rehabilitate any injury or illness.”

“In consideration of my participation in Body One Physical Therapy LLC’s exercise program I, _____, for myself, my heirs, and assigns, hereby release Body One Physical Therapy LLC (its employees and owners), from any claims, demands, and causes of action arising from my participation in the exercise program.”

“I fully understand that during Personal Training I may become injured as a result of my participation in Body One Physical Therapy LLC’s exercise program and I, _____, hereby release Body One Physical Therapy LLC from liability now or in the future including, but not limited to, heart attacks, strokes, death, muscle strains, pulls, or tears, broken bones, shin splints, heat prostration, hand, wrist, elbow, shoulder, neck, back, hip, knee, ankle, or foot injuries or any other illness, soreness, or injury however caused, occurring during or after my participation in the exercise program.”

“I hereby affirm that I have read and fully understand the above.”

Signature: _____

Date: _____