



American Physical Therapy Association

CREDENTIALLED RESIDENCY PROGRAM

UNIVERSITY OF INDIANAPOLIS  
BODY ONE PHYSICAL THERAPY:  
ORTHOPAEDIC CLINICAL RESIDENCY

# DIRECTORS

- Ryan Cotton, PT, DHS, OCS
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- Emily Slaven, PT, PhD, OCS, FAAOMPT, Cert MDT
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# APTA CREDENTIALING

- University of Indianapolis/Body One Physical Therapy is credentialed by the American Physical Therapy Association as a postprofessional residency program for physical therapists in Orthopaedics
- We have received accreditation by the ABPTRFE on July 31, 2013
- Accreditation is for 5 years



**APTA**

**American Physical Therapy Association**

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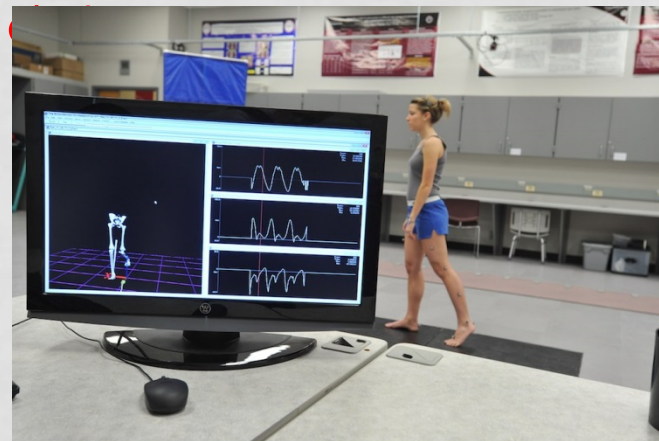
# WHY OUR RESIDENCY?

- Done **in person**, not as a distance format
- Includes **teaching/graduate assistant** component
  - GA in musculoskeletal sequence at UIndy
  - Exposure to direct classroom teaching
  - Experience and training as a clinical mentor for entry level interns



# WHY OUR RESIDENCY?

- Expert faculty which serve as **didactic instructors** and **clinical mentors**
- Collaborative opportunities with University and Clinical Faculty
- Professional project
  - Access to **movement science lab**
  - Access to **clinical outcomes**



# YEARLY SCHEDULE

	Jun	July	Aug	Sept	Oct	Nov	Dec	Jan	Feb	Mar	April	May
Assessment					UQ Exam						LQ Exam	Final Exam
												Capstone Defense
Clinical Module			Clinical Orient And Ortho mgmt	Shoulder	Cervical TMJ	E,W,H	Lumbar SIJ	Lumbar Hip Thoracic	Knee	Foot Ankle	Rheum Peds	Outcomes
Post Prof Class			Med Screen			Diff Dx		Teach Practic				
Extras	Discussion groups, journal club, observations, reading assignments, research, rounds											
GA	Msk I: 641			Msk III: 681			Msk II: 651					

# WEEKLY SCHEDULE

	<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>AM</b>	Case Study/ Rounds Clinical Practice	Ortho GA	Clinical Practice	Ortho GA	Clinical Practice
<b>PM</b>	Clinical Mentored	Clinical Practice	Clinical Didactic/ Lab Clinical Practice	Clinical Mentored	Clinical Practice

# MONTHLY CALENDAR EXAMPLE

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2 Case Study	3
4	5 Knee- Anat&Biomech (JM)	6 GA am	7 Clinic with Ortho pm	8 GA am	9 Rounds	10
11	12 Knee-Exam (JM)	13 GA am	14	15 GA am	16 Case Study	17
18	19 Knee- Intervention (JM)	20 GA am	21 Surgery with Ortho	22 GA am	23 Rounds	24
25	26 Knee-Lit Review Inservice (PC)	27 GA am	28	GA am	Case presentation	



# EVALUATION OF THE RESIDENT

- Written exams and Practical exams
  - Upper quarter
  - Lower quarter
  - Final
- Professional capstone project
  - Case study, clinical research, university lab research
- Weekly case studies or rounds
- GA evaluation
- Post professional course grading



# RESIDENT' S COMPENSATION

- The resident will receive salary for patient care from Body One (\$40,000)
- .8 FTE in clinic (Practice/Mentoring/Didactic/ Interdisciplinary time)
- Insurance benefits provided by Body One
- Graduate assistantship at UIndy
- Can apply for loan deferment

# APPLICATION

- Deadline is March 15
- Applications are processed thru RF-PTCAS
- More information is available at
  - <http://www.uindy.edu/health-sciences/postprofessional/orthopaedic-residency>
  - <http://bodyonept.com/orthopedic-residency/>
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